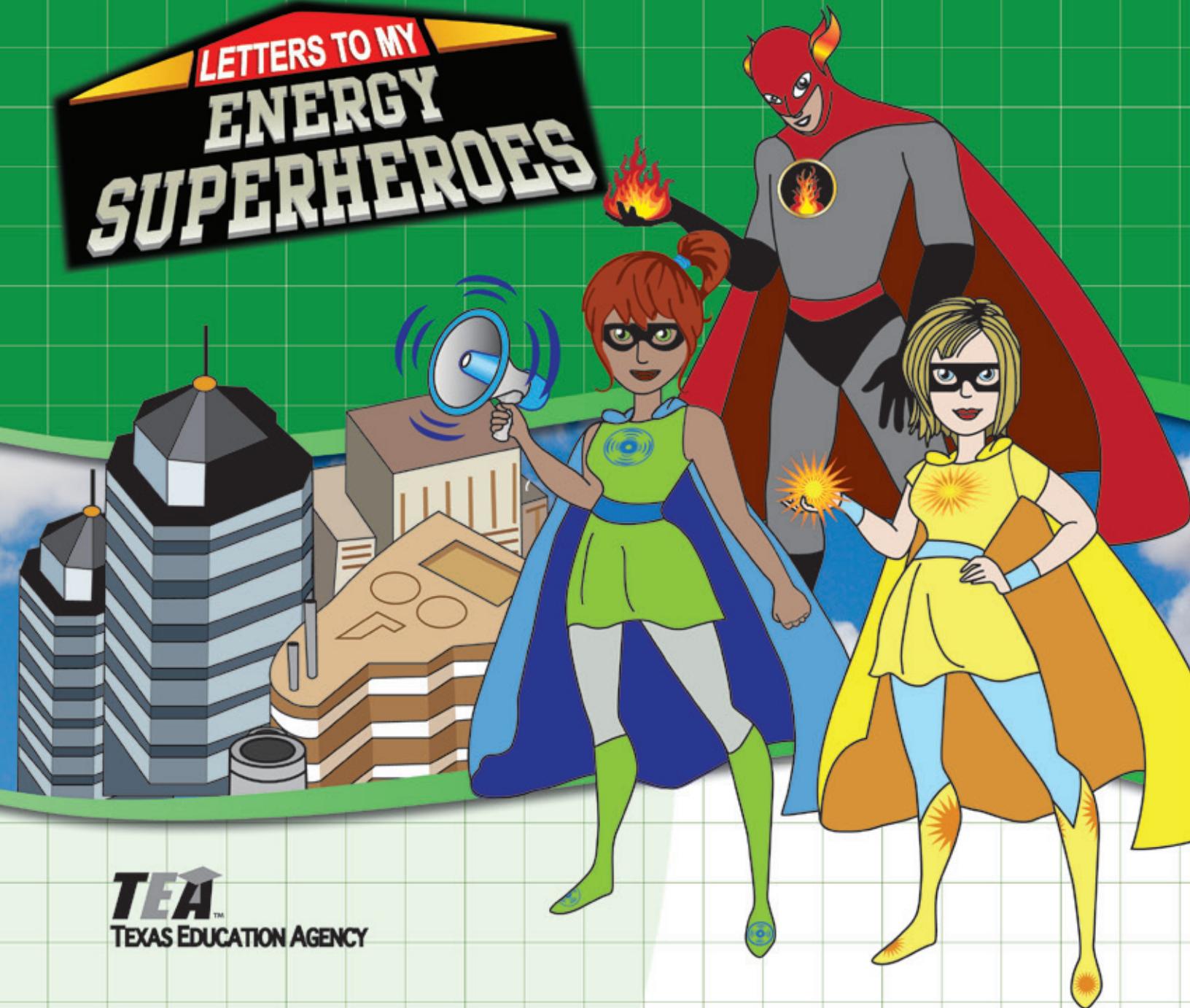


# LETTERS TO MY ENERGY SUPERHEROES



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This book was developed in collaboration with Region 4 Education Service Center, Houston, Texas.



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# LETTERS TO MY ENERGY SUPERHEROES



January 4, 2012

Dear Heat Energy Man,

Today you helped Grandma and me cook macaroni.

We put water in a pot, turned on the stove, and waited for the water to boil.

Heat from the stove made the water boil, and in went the macaroni.

The boiling water cooked the macaroni. All we had to do was add the cheese. Yummy! Time to eat!



Here is a picture of my macaroni and cheese.

You also warmed up my hands when I stood in front of the fireplace.

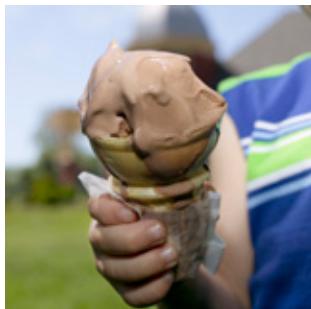
Thank you, Heat Energy Man.

One day you melted my ice cream in the hot sun. I didn't like that very much.

No thank you, Heat Energy Man.

Sincerely,

Mary



Here is a picture of the ice cream you melted.



January 5, 2012

Dear Light Energy Woman,

Yesterday I wrote a letter to Heat Energy Man about all the ways heat has helped me. Today I thought I would write to you.

It was dark in the bathroom when I went to brush my teeth this morning.

I grabbed a toothbrush and was just about to start brushing when I decided to turn on the light.

I had my brother's toothbrush in my hand!

YUCK!

Because of you, I did not get my brother's germs. Thank you, Light Energy Woman.



Here is a picture of my brother's yucky toothbrush.

You have helped me in other ways, too. When the lights went out in the storm, you came to the rescue. Dad grabbed the flashlight, and Mom lit candles around the house. You helped us avoid bumping into each other in the dark. Thank you, Light Energy Woman.

Sincerely,

Mary



Here is a picture of the candles we used during the storm.



January 6, 2012

Dear Sound Energy Woman,

You must have heard that I wrote letters to Heat Energy Man and Light Energy Woman.

I thought you might be mad that I did not write you a letter because the sound of my alarm did not wake me up this morning. Where were you?



Here is a picture of the alarm clock that you forgot.

I am writing to let you know how much I appreciate you every day.

I love to hear the ringing school bell. It tells me it is time for school to start.



When I hear my cat meowing, I know she is hungry.

The best way you help me is when I hear my  
sneaky brother trying to scare me.

When I hear him coming, I know it is time  
to run the other way.

Thank you, Sound Energy Woman!

Sincerely,

Mary

P.S. Please don't forget to sound my alarm tomorrow morning.



Here is a picture of my brother and me.



